# **Transcript – Starting my NDIS plan**

Starting my NDIS plan.

Your NDIS plan has a lot of information in it and it's up to you to decide what information you want to share and who you want to share it with.

This video explains how to start using your NDIS plan.

You can also use the checklist on the NDIS website to help you get started.

Tips on starting your NDIS plan.

Read through your NDIS plan with someone you trust and take some time before you make any decisions about how to use your NDIS funding.

If there are things you don't understand, make a list and book an implementation meeting with your NDIS planner, Local Area Co-ordinator, otherwise known as an LAC or your early childhood partner.

You'll find their details in your NDIS plan.

An implementation meeting can help you understand your plan and how to use it.

When searching for service providers in your area, you can ask for help from your NDIS planner, LAC, Early Childhood Partner or support coordinator to work out what you want from a service provider and where to find them.

There is also a provider finder on the NDIS website.

If you're not sure about whether a type of support is funded by the NDIS, you can look at the ‘would we fund it’ page on the NDIS website.

If you are still not sure you can discuss this with your LAC, Early childhood partner, NDIS planner or your support coordinator and they can explain the types of supports your funding will cover.

Take your time to discuss starting your NDIS plan with someone you trust before deciding how to use your funding.

For more information go to ndis.gov.au

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